

# **History Trail**



## About the activity

At selected centres, our history trails provide the opportunity to discover intriguing historical facts. From former army barracks to calendar houses, our centres are bursting with fascinating facts, just waiting to be uncovered.

## **Activity aims**

#### The aim of this activity is to:

- Introduce the History Trail and the necessary equipment.
- Allow each participant to explore areas of the centre they might not otherwise visit.
- Encourage participants to explore their local area and start to formulate ideas about history and their place in history.
- Ensure participants work together supporting and encouraging each other.
- Provide an opportunity for participants to discuss what they have accomplished.

## **Progression opportunities**

#### Some participants may also:

- Observe, understand and examine changes in a locality over time.
- Understand how a location might change over time and the different phases of historical development.
- Be able to describe the locality of the centre in historical terms.
- Take the initiative in evaluating their performance and that of the group.
- Be able to assess risks and understand how these may be controlled.

#### In addition, participants should also have developed in the following:

- Interpersonal communication
- Teamwork

## **Learning outcomes**

### Upon completion of the activity, participants will have:

- Explored the history of the centre and locality and have an understanding of timelines, key events and key individuals.
- Demonstrated the ability to listen to, understand and act on instructions received.
- An understanding of associated hazards.
- Effectively worked in small teams supporting their peers throughout the activity and recognising their achievements.
- Contributed to a post activity review led by the instructor identifying what they did well and then suggested ways to improve.

## **Associated vocabulary**

Words relevant to safety	e.g. boundaries, hazard, risk assessment, risk, rules, safety.
Words relevant to equipment	e.g. photographs, letters, camera, noticeboards.
Words relevant to the activity	e.g. identify, investigate, observe, patterns, view, people, buildings, timeline, development.
Words relevant to teamwork	e.g. achievement, communication, co-operation, encouragement, group, individual, listening, participation, review, support.